



# JUST Newsletter

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*Jana Unnayan Samiti Tripura (JUST) is a Social Development Wing of Agartala Diocese.*

*Quarterly Newsletter Of JUST*

**22 Years of Service in Tripura**  
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## *From Director's Desk.....*

*Dear Friends*

*At the outset I would like to wish you all very happy and prosperous New Year 2020. We are happy to share with you the December quarter activities and achievements of JUST.*

*There were number of capacity building trainings for the School peace club members held at 17 target Schools, beside a couple of trainings for the youth peace club members. One of the outstanding programs of the quarter was the Exposure Programme for the SHG women from Ganganagar R. D. block under Dhalai District. These women belong to Reang tribe, hailing from boarder villages under Ganganagar area. Most of these women visited Agartala for the first time in life. The high rise buildings, traffic hit roads, Flood lights in the streets were matter of wonder for them one side while cause of fear another side as they were witnessing it for the first time. Some women even refused to alight the bus to cross the road fearing the speeding vehicles.*

*The women went around visiting Other SHG Federations under JUST for inter learning. It was a great opportunity for these Reang women from the rural villages to be exposed to new reality and get motivated.*

*Study materials and health kits were distributed to over 450 children in our non-formal coaching centers supported by KMW and Smile Foundation. We ended the quarter with annual gathering and Pre-Christmas celebration at our head office. It was a time of sharing our joy and happiness with the staff, stake holders and wellwishers.*

*We are planning a lot of activities in the coming quarter too, at the same time looking forward to your continued support.*

*I wish to thank all our collaborators, Donors and stake holders for the generous support.*

*Fr. Jeevan Kennady, SVD*  
*Director, JUST*

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## Kisan Mela



Jana Unnayan Samiti Tripura (JUST) organized Kisan Mela on 25th October 2019 with the Farmer's Clubs at Borkathal Boys Hostel ground under Hezamara R.D Block. Fr. Jeevan Kennady SVD, Director of JUST and Fr. Shaiju CSC, the Financial Administrator of the Diocese inaugurated the Kisan Mela by lighting the lamp with the farmers. There were 120 farmers who participated in the mela and around 260 local people were present in the mela. The farmers showcased their organic products and large number of people attended the mela and also brought different products. The mela was totally plastic free. Foam bags and cloth bazaar bags were distributed to all the farmers and also to the people who came to purchase the organic products in the mela.

*By Mr. Robert Lushai*

## Capacity Building for Women Peace Club Members.



The peace staff conducted a training on Communication skills during the capacity building program for women peace club members in the month of October 2019 in the target areas. The peace staff began the training by sharing the importance of communication skills in peace building with the women peace club members. They also shared the information, ideas, attitudes, opinion, feelings and experiences between individuals, groups or societies in communication skills. The peace staff explained the difference between information and communication-the two words 'information and 'communication' are often used interchangeably, but they signify quite different things. Information is giving out; Communication is Getting Through. They also said that in order to speak effectively, one should be aware of the three distinct elements of verbal communication skills which are sender, message and receiver. They also shared some of the important communication skills like verbal behaviour and non verbal behaviour and 'Do' and 'Don't' behavior.

*By Mr. Cyril R. Darlong*

## Children's Festival



Children's Festival was celebrated on 14th November in all the 10 JUST Coaching centers of Ganganagar R.D Block on the occasion of children's Day to commemorate the birth anniversary of Pandit Jawaharlal Nehru independent India's first Prime Minister. Nehru was extremely fond of young children. Hence, he wanted his birthday to be celebrated as Children's Day. On this day the teachers organized different programs and events for students. Children participated in various activities, such as singing, dancing, painting, drawing, quiz and story telling competition. The winners were awarded prizes. Sweets were distributed to the children. Children's Day is all about respecting and honoring children who are considered to be the future leaders of the nation.

*By Mr. Lilmohan Reang*

## Training on Entrepreneurship



A series of Trainings on Entrepreneurship for the SHGs were conducted by JUST in the month of November, 2019 under Ganganagar R.D block in Dhalai District. Mr. Lilmohan Reang, Mr. Chandera Reang, Mr. Ponchojoy Reang and Mr. Dasharath Reang were the facilitators for the trainings. They explained that entrepreneurship is a process where one person getting self employed and provides job to others also. The person is called entrepreneur. Women entrepreneurship is the process where women organize a business or industry and provide employment opportunities to others. Hence, all involved group members of SHG must realize that they all work with their own individual strengths and weaknesses. No one should be blamed for one's weakness. All the SHG members are equally responsible for success and failure of their entrepreneur. Self-Help group can take a lead in any of the income generating activities by which group members can get employment and enhance their family socio-economic status. The group provides a platform to women for income generation with co-operative and mutual helping attitude. All the participants' became aware about entrepreneurship and some of the members decided to start poultry farming and mushroom cultivation.

*By Mr. Lilmohan Reang*



### SHG Exposure Visit



As part of capacity building JUST organized an exposure visit for the SHGs of Ganganagar R.D Block to Belbari on 12th November, 2019. The purpose was to provide inter learning opportunities for better functioning. Forty five SHG women accompanied by three staff and the project coordinator made the group visit to Luku Hamkrai Resource Center, Belbari. The Director of JUST Fr. Jeevan Kennady first briefed the group about the functioning and activities of Luku Hamkrai Resource Center. Then the group interacted with the members and visited the mushroom cultivation center of the Resource Center. They also went for the field visit to have a firsthand experience of the income generation activities of these SHGs. They visited some SHG members who are engaged in mushroom cultivation individually. The group made use of every chance to interact with the members of these SHGs. They were also very much amused to see the shop set up at Belbari market to sell their self made weaving products. After paying a short visit to Ujjayanta Palace and Maharaja Bir Bikram Kishore Manikya Airport in Agartala the group reached JUST Office Agartala at 6:30 pm. The SHG members were motivated and shared that they specifically found the knowledge sharing on income generation activities very interesting and will try to adopt the same practice within their groups as well.

*By Mr. Lilmohan Reang*

### Health Care to Students



Health care materials such as toothbrush, toothpaste and bathing soap were distributed to 350 children as a part of health care to students and to promote health and hygiene among the community. The Coordinator explained about the importance of cleanliness and hygiene. He said that cleanliness should be maintained at every place related to our daily life. Certain habits like washing hands before meals, bathing, brushing teeth and cutting nails should be practiced from early age. He advised them to have shower atleast twice a day with soap and to brush their teeth always. The students as well as the guardians were happy to receive such type of materials and assured to make full use of them.

*By Mr. Lilmohan Reang*

### Capacity Building for School Peace Club Members



The peace staff conducted Peer Mediation training during the capacity building program with the school peace club members in the month of November 2019 in the target areas. The peace staff began the meeting explaining the peace club members the meaning of Mediation and the importance of Mediation. They explained that Mediation is an effective means of dispute resolution for any dispute not requiring a judicial or third party determination. It provides a forum and an atmosphere in which party gains understanding, become understood, and work together to explore options for resolution. The peace staff explained the advantages of attempting to reach agreement by mediation. After sharing about Mediation by the Peace staff the Peace Club Members were divided into three groups where two groups acted as two conflicting parties and the third group as the Mediators.

*By Mr. Cyril R. Darlong*

### Interface Programs between JUST SHG Federations and Banks



On 28th November 2019 JUST organized an Interface meeting between SHG federations and banks for financial linkages in line with Government department at JUST Training hall. Mr.Avinash Kumar, Chief Manager of Canara Bank Agartala and Mr Sayantan Das, Marketing Officer of Canara Bank were the representatives from the Bank. There were about 35 SHG Members who attended the meeting. During the meeting Mr. Avinash Kumar explained about Financial Literacy and taught different ways for investment through banks, through which SHGs were introduced about Recurring deposits and SIPs (Systematic investment plan) and also explained about different schemes that comes through banks and how to avail it. During the meeting it was also discussed about cyber crime and fraudulent scam cases. The SHGs were also given different strategies to deal with such types of problems and overcome it.

*By Mr. Nelson Debbarma*



## Persons with Disabilities Day 2019



JUST celebrate International Day of Persons with Disabilities with State Social Welfare Department on 2nd and 3rd December 2019 at Vivekanada Stadium, Agartala and Rabindra Satabarshiki Bhavan, Agartala. There were 25 PwDs/ CwDs and parents participated in the program. On 2nd December sports competitions were conducted for the PwDs/ CwDs where the children participated in the sports. On 3rd December the day was celebrated with cultural program. Honourable Chief Minister, Mr. Biplab Kumar Deb was the Chief Guest and the Guest of honour was Miss Santana Chakma, honourable Minister for Social Welfare and Social Education.

*By Mr. Prasanta Chowdhury*

## SHG Day Celebration



On 7th December of 2019 Luku Hamkrai Resource Centre celebrated SHG day. The Director of Caritas India Fr. Polly was the Chief Guest. Most Rev. Lumen Monteiro the Bishop of Agartala was the Guest of Honour. Fr. Jolly, the Assistant Director of Caritas India, Fr. Sushil Modi the Administrator of Caritas India were the special guests. There were 73 women who attended the SHG day celebration. The objective of the celebration was to come together once annually and share their experiences and success stories also their federation report. The programme also acknowledged and awarded prizes to best performing SHGs of the year 2019 and given prizes to all the SHG leaders for rendering their service and performing duties for the federation. The programme ended successfully with a festive meal.

*By Mr. Nelson Debbarma*

## Gathering and Christmas



On 20th December 2019, JUST organized Annual gathering and Advance Christmas at JUST. The celebration had two parts; capacity building of the staff on 'Communication Skills' was taken by Director of JUST, Fr. Jeevan Kennady in the morning and Advance Christmas in the evening. The evening celebration started at 6:00 pm with a prayer and carols by JUST team. The Chief Guest of the celebration was Most Rev. Bishop Lumen Monteiro DD, Bishop of Agartala. There were many other guests present for the celebration. The Asst. Director of JUST Fr. Lathees welcomed the Chief Guest and all the other guests after the prayer. It was followed by other cultural items of the evening.

*By Mr. Robert Lushai*

## Children's Day Out



JUST organized a day out on 16.12.19 for the children at SMILE non-formal education center at Damdamia and 17.12.19 was organized for the children at Nepali Basti center. All the children took part in the programme. The children were very happy to be part of picnic party. The children went around in the organic agro agriculture and tea gardens and were given awareness talk on the importance of environment protection and promotion. Different games were organized for the children. The winners of different items were given prizes and a special meal was served for all the children.

*By Sr. Mary David, FS*

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